

<p>Skills identified</p> 				<p>Notes</p> 	<p>Score</p> 
<p>Communicating and listening</p> 					
<p>Sharing with others</p> 					
<p>Respecting others</p> 					
<p>Having confidence Believing in yourself</p> 					
<p>Helping others Asking for help yourself</p> 					
<p>Being in a good mood Being cooperative</p> 					

