

A European Lifelong Learning Academy

An education offensive for people with disabilities
powered by



& partners



NEWSLETTER 1

Dear partners and friends of ELLA,

Enclosed hereby you will find the first newsletter of the project “ELLA” - European Lifelong Learning Academy. It informs about the main aims of this project and presents the activities realized until October 2014.

Contents:

What is ELLA?	p. 2
This was TrainEEE! Internships in Austria	p. 3
TrainEEE Preliminary meeting in Austria	p. 4
Recycling workshop in Stockholm, Sweden	p. 5
Drama workshop in Northern Ireland	p. 6
New leaders’ drama workshop in Poland	p. 7
International Social Inclusion Music and Art Festival in Turkey	p. 10

What is ELLA?



The ELLA (European Life Long Learning Academy) project offers a variety of cutting-edge examples of inclusive adult-education for people with and without disabilities:

20 organizations from 12 European countries and one third country (Israel) will develop, administer, evaluate and disseminate information on six different educational and methodical approaches to inclusive adult education. The Caravan members will cooperate in conducting a series of international exchanges and workshops, inspired by the Convention on the Rights of Persons with Disabilities. ELLA aspires to bring inclusive education one step further and become the trademark for Inclusion in European adult education.

In the implementation stage of the particular project components outlined in ELLA, people with disabilities will act as experts. They will be adult education teachers, provide self-reports and determine the choices and preferences of their own professional and social lives. This method reverses the roles that are characteristic of traditional, integrative education. Furthermore, curricula will be developed, which address the basic needs of every human being: Self-determination in private life, work, housing, sexuality and having children. These themes are usually not addressed in adult education, and were, until now, considered taboo. Because of the big number of participating countries, ELLA is able to maintain a balance between the inputs of both the old and the new members of the EU as well as between the EU and the candidating countries. This guarantees that best-practice-experiences will be identified, transmitted and emulated. Thanks to the participation of Muslim, Jewish and Christian members, ELLA will remain sensitive to and promote intercultural approaches.

Ella will be conducted by the Caravan 2000 Federation, which has demonstrated its intercultural experience and competence since many years in uncountable joint projects. This ensures that the purpose will not be a singular project, but a project that will reinforce the current network's sustainability and allow the Caravan 2000 Federation to continue operating after the end of the current EU funding.

This was TrainEEE! Internships in Austria



Internships in Austria in April and July 2014 for 15 people with special needs from Austria, Serbia and France

Work Package 5: TrainEEE

Kerstin Klepsch, ÖJAB - Österreichische JungArbeiterBewegung

Within the work package TrainEEE, an abbreviation for my train to Equality, Education and Europe, young people with special needs from Austria, Serbia and France completed internships in the real labor market in a work area of their choice.

The first week of TrainEEE with interns from Austria took part in April 2014. Five people with disadvantages worked from April 7 until April 11 2014 in a field of their choice: The working fields of internships included administration, gardening, cooking and senior care.

The second TrainEEE week was an intense co-operation with the partners of the workpackage (WP 5): ADAPEI from France and United in Diversity from Serbia.



From each organization five participants, accompanied by three trainers & coordinators, travelled to Vienna, Austria, in order to complete their internships in the ÖJAB facility House Neumargareten which is a senior residence and nursing home. This ÖJAB House, located in the 12Th district in the Austrian capital, has over 220 senior residents and over 150 employees; due to its size it is also providing the appropriate and ideal infrastructural requirements that allowed the interns to choose between a variety of working fields.

One participant (Milica from Serbia) was working in the beauty salon located in the ground floor of the ÖJAB-House, offering manicures. Two participants (Milos and Aleksandar from Serbia) formed a PR team, documenting the project week in Vienna with photos and establishing an interactive social media site about TrainEEE. The other seven participants (Dragana M. and Dragana S. from Serbia as well as the French participants Charlene, Amandine, Aurelien, Constant and Benoit) were the team "Coffeehouse". They showed incredible effort in baking cakes and sweets in the morning and worked during the

afternoons in the Café of the ÖJAB-House selling cakes, serving customers, cleaning dishes, etc. The Café included also the large garden of the ÖJAB-House.

The second TrainEEE week lasted from June 28 (arrival day in Vienna) until July 5 2014 (departure day from Vienna) and also included one orientation and sightseeing day in the beautiful city of Vienna as well as an intercultural BBQ with Austrian young people where the participants had a chance to interact with local people with special needs.

Pictures of TrainEEE can be found here:

<http://www.oejab.at/site/de/bildungeuropaeza/ella/traineeefotos>

TrainEEE Preliminary meeting in Austria



Preliminary meeting in Vienna, Austria on the 26th and 27th of February 2014 for project coordinators

Work Package 5: TrainEEE

Kerstin Klepsch, ÖJAB - Österreichische JungArbeiterBewegung

On the 26th and 27th of February 2014 the Austrian capital Vienna was hosting the TrainEEE preliminary meeting.

The organizing and hosting organization ÖJAB (P2, Austria) welcomed the project coordinators from the TrainEEE associated organizations ADAPEI (P3, France) and United in Diversity (P14, Serbia). The goal of this meeting was to prepare, organize and adjust the internships of young people with disabilities or disadvantages from Austria, France and Serbia. During an intense expert exchange on the first day requirements and preconditions of the participating people with disabilities have been discussed and solved. All facilities involved in the TrainEEE weeks (accommodation and internship working fields) have been visited on the second day. The preliminary meeting was an essential and important tool in order to clarify the appropriate circumstances and conditions for the participants. The guests (Ivana Stajkovic from UiD and Marie-France Le Glaunec from ADAPEI) gained a deeper insight on the circumstances and the facilities which their participants will face during their internships in Vienna. The TrainEEE project manager, Kerstin Klepsch from ÖJAB, was responsible for the organization of the meeting; various ÖJAB staff who are involved in the TrainEEE weeks as translators or coaches also participated in certain program points of the meeting. The first TrainEEE week for the Austrian participants will be held from April 7-11 2014.

Pictures of the preliminary meeting for TrainEEE can be found here:

<http://www.oejab.at/site/de/bildungeuropaeza/ella/traineeefotos>

More info in German can also be found on: www.oejab.at/traineee

We recommend to visit TrainEEE blog and leave a comment or question to make an international exchange: <http://www.oejab.at/traineeeblog>

Recycling workshop in Stockholm, Sweden



Workshop in Sweden on 23-27th of June 2014 for participants with special needs from Sweden and Poland

Work Package 7: Art of Recycling

Lena Havermose, Marita Jonols, Medis5, Sensus

The description of exercises:

- A short presentation name
- An exercise where we quickly drew each other without looking at the paper. All around around, and signs 2 and 2 of each other. After you finish drawing, write the name of the man drawn by the drawing. Then we got everyone of the portraits that were made on us self. The images were sorted into piles name. We reused the old copy paper. Presentation, where each chose the image of himself as the most similar to how they felt that morning. Purpose: Everyone gets a chance to see each other and repeat each other's names. (And laugh, the pictures are of course a little crazy)
- A mirror exercise, 2 and 2 together, one moved and the other "mirrored" the movement. After a while they changed.
- Art work, mirror images; 2 and 2, sitting opposite each other, each with a large piece of paper and chalk opposite. (We chose that everyone had the same color on the chalk.) Alternately draws to a form (non-figurative = non-imaginary), and the opposite, drawing of the shape of the sheet. Then replace it and the other draws a shape as the first "mirrors". It continues until the paper is filled. Then add color to the paper itself, and complete the picture, individually. We recycled paper bags from the grocery store. Presentation, where we could admire the works, and see the different ways of coloring the picture. Purpose: An exercise in communication regardless of language, once you have understood the "mirror - drawing".



- Work in groups, where each group got divided, so that we understood each other. Each group had to draw a picture of a random person, that each group would give an identity. Individual portraits were from various newspapers, note: No celebrities. When the groups fantasized clear about who the person was, so they built an environment for her figure. In this 3 - dimensional exercise, we used all possible re-use materials, cartons, lids, paper, plastic, newspaper, fabric, etc. Purpose: That from their own experience and creativity, find a person and his life. We also trained motor skills by joining, gluing, cutting, taping, build environments.



- Presentation, Large one, where everyone talked about his person and his environment. One group at the time. Amazing stories of strong women, happy family, a wacky scientist and a parachute accident.

Target group: People with disabilities and all others.

Length: workshop can be adjusted to each situation and time, short or long. We had more exercises related to the recycling rate, as we stressed to catch.

What could be better?

To be even more prepared. Having exercises translated into the language that participants can. Some of the exercises were difficult to explain because of the languages. It was difficult to know what the participants had for experience in the art work and to calculate how much time the translations would take.

Film documentation and photographs were made.

Eventually it will become a finished film about the workshop in recycling.

The response of the workshop was very good. Most liked where the 3-dimensional environment construction. There were amazing stories about the up fancying people and their environments.

There were some who did not fully understand the task in the “Mirror exercise” (linguistic confusion).

All participants agreed that it was a nice experience. We had shared coffee breaks, as other colleagues at medis5 did in order. It was very nice. The last day was the spontaneous singing performances during coffee break. We also took joint walking around Stockholm, ate dinner together. Staying at Långholmen, a prison, was appreciated.

Drama workshop in Northern Ireland



Work Package 8: Private life concepts
Max Beer

The Playhouse, Derry in Northern Ireland is about to start working with a group of learning disabled adults, using drama, to explore:

- Do people with disability have a choice of autonomous decision-making where to live or work?
- As to what reason do doctors speak to my accompanying person instead of talking to me?
- Should learning disabled people be able to have control of their own money?

- Do you think that all persons have equal right to love?
- Are needs for intimacy same for all people?

The group will produce a number of dramatic sketches that will be filmed and uploaded to the internet.

The film will be ready by mid to end November.

New leaders' drama workshop in Poland



Workshop held in Gdansk, Poland in May 2014 by Swedish participants with special needs for Polish participants with or without disabilities.

Work Package 9: New Leader

Marita Jonols, Medis5

The purpose of the project "New Leaders": People with disabilities (pwd) give and attend workshops in becoming workshop leaders.

People with disabilities at Teater Surra, Medis 5, Stockholm has got training in being leaders of workshops in theatre and improvisation. During May Teater Surra from Sweden visited PSOUU in Poland to give workshops for staff and pwd.

During the stay in Gdansk Teater Surra held two workshops, Homo Ludens and Taste & Feeling. NB! The leaders held the workshops totally without interference of the staff. The staff were either audience or participants.



The workshops begin with a warming up and is followed by the leaders telling the participants the content of the workshop.

Homo Ludens (The Playing Human)

The participants gets a basic walkthrough in the technique in theatre acting: how to create a role, how to build a body posture, how to keep your body posture in different situations and with different feelings. We are using the power of the Commedia dell Arte-masks in our work with theatre to make the body language more explicit.

Start

Everyones stands in a ring. One leader show four animals; dog, cat, monkey and bird. How they move and sound. Each participant tell and show the moves and sounds of their favourite animal. One at the time. All the other participants follow.

Pause: Breathing excercise: breath iiiin, breath ouuuut.

The leader has a bag with paper notes with pictures of animals (dog, cat, monkey and bird). Every participants takes a note. Don't show each other (if you don't need help). The leader explains that when she claps her hands you will move about in the room. And when she claps again they will stop. The participant starts to move about in the room until one of the leader claps her hands. Then they will start to move and sound like the animal on the paper.

Use the room! Now all the cats are going to find each other, and the dogs, monkeys and goats.

Find your herd! The leader tells the participants where to gather. The leader leads the herd through a story.

Leader: The cats starts: Come here; Lay down on the floor; You are sleeping; Dream like your animal; You are dreaming you are in love; You are hunted by a dog; You are chasing a rat; Sound and move like your animal; You wake up slowly; Stretch like your animal; You are hungry; Start looking for food; Move about in the room;

The leader discretely lays a fish on the floor (to the cats); Someone finds it; The all starts to fight about it;

The leader claps her hands and next herd enters the floor

The leader claps her hands

Thanks!

Next animal...

Content:

The balance in the room

To focus

To concentrate and communicate with co actors

To use the mask

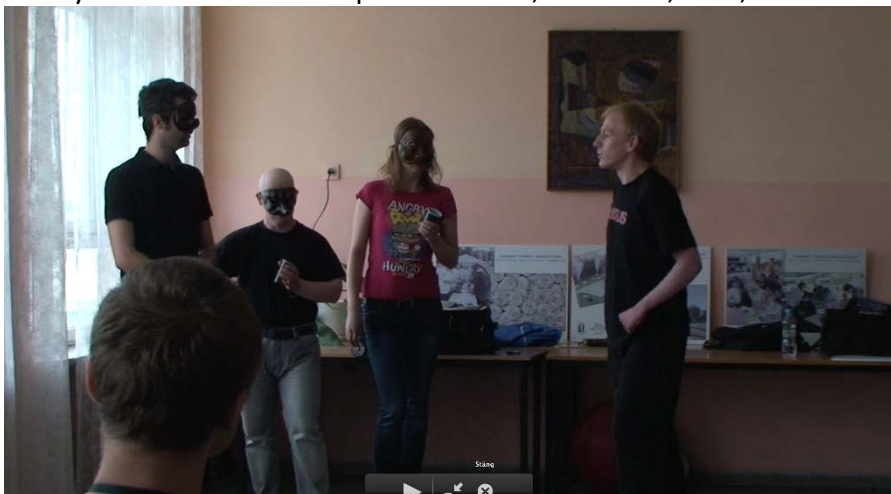
Homo Ludens means the playing human and this is what this workshop is about.

To build a scene or a situation through playing. And then to show this to an audience.

The workshop contains exercises that strenghtens the capability of the participants to express themselves on stage.

One important tool in our work is the mask. The mask can be a real, traditional mask in

Commedia dell Arte style or any other object; a hat, a crown or a pair of glasses. You can build any person you want with the help of the mask; Don Juan, Julia, a doctor or a politician.



Taste and Feel

A workshop where the participant get a presentation of the masks in Commedia dell Arte-style. They show the masks, the animal they represent and how they move.

Then they show the looks of different tastes; sour, salt, sweet and bitter. We add a feeling; happiness to sweet, anger to sour, fear to bitter and sorrow to salt. Then it is time for the participants to try the faces. The participants move between four stations testing the masks, feelings and expressions.

Target group

People with disabilities and everyone else

Length

The workshop can be adjusted to any situation and time, 45 minutes, two hours, two days or a week.

What can be better?

We really learned the importance of being very prepared. Before the trip Theater Surra rehearsed the workshops a lot. But, as it always is, they changed a lot after the first day, to adjust the workshops to the participants. It was difficult to calculate how much time the translations would take and to "read" the participants (on what level they were intellectually).

Notice

We notice differences in our way of working. At Medis 5 the pwd works full time with theater. This means that it is easier to plan, develop and to see a quicker progress. Even though most pwd need some extra time when it comes to learning.

A Little Film About Leadership

During the week we shot the last scenes of the film A Little film about Leadership.

We did the scene/topic "To Be Encouraging" together with the participants from PSOUU.

Outcome

A filmed documentation (5 minutes). Plenty of more filmed material is available.

A film about leadership

A film about the workshop Homo Ludens

A film about the workshop Taste and Feeling

Theatre Festival

Teater Surra and Remont Pomp/PSOUU also participated in Akcept Festival in Gdansk. Teater Surra/Medis 5 gave the play Molière? And Remont Pomp gave the musical performance "Sen" together with Teatr Razem.

The response was very interesting. Some people reacted on the jokes regarding religion and others was a little bit surprised about the parts touching sexuality.

All participants agreed on that it was a fantastic experience and our hosts were great. Medis 5 participated in an art workshop where all participants created a painting together. We also got a guided tour in Gdansk that was really interesting.

International Social Inclusion Music and Art Festival in Turkey



The Social Inclusion Music and Art Festival organized between 26 – 30 October in 2014 in Kas/Antalya

Work Package 10: Social Inclusion

Ercan Tural



Our festival, which will bring together all kind of people from countries all over Europe aims at breaking up conventional role patterns of people – with and without disabilities – and to trigger awareness for disabled people’s abilities and their demand for suitable forms of education. The event is therefore based on international workshops of a 'special kind'. All workshops will take 4 days and end in a final performance on stage at the final festival evening where teachers and students will proudly present their achievements.

The workshops will further be accompanied by roundtables in which participants can reflect and interchange about their experiences in the project, as well as about the perceptions of people with disabilities in their countries. Last, a colorful range of side line events and activities (stands and know-how exchanges, meetings, as well as city tours, boat trips and many opportunities for music, arts and sports) guarantee the festival to become a joyful and productive 'coming together' for everybody, and a marketplace of related organizations from all over Europe.



More information about the project and the news (also “easy read” version) here:
www.ella-ella.eu
and
facebook.com/EllaLearningProject

